

## Student School Food Survey

- Your current grade level: **Circle ONE** answer.  
 9<sup>th</sup>    10<sup>th</sup>    11<sup>th</sup>    12<sup>th</sup>
- Your gender: **Circle ONE** answer.  
 Female                  Male
- How often do you usually eat lunch from the following locations each week? **Put a checkmark (✓) in the boxes that best apply.**

Locations	Never	Once	Twice	Three times	Four Times	Five times
School Meal Serving Line						
School Vending Machine						
A La Carte Line						
Kiosk or Mobile Food Cart						
School Store						
Home						
Off Campus Restaurant						

- How often do you usually purchase snacks from the following locations each week? **Put a checkmark (✓) in the boxes that best apply.**

Locations	Never	Once	Twice	Three times	Four Times	Five times
School Vending Machine						

## Student School Food Survey

Locations	Never	Once	Twice	Three times	Four Times	Five times
A La Carte Line						
School Store						
In-School Fundraiser						
Off Campus Store						

5. On average, how much do you spend at lunch per day outside of the School Meal line (in the A La Carte serving line, School Vending Machine, School Store)? **Circle the ONE answer that best applies.**
  - a. \$0
  - b. \$0-\$0.99
  - c. \$1-\$1.99
  - d. \$2-\$3.99
  - e. \$4-\$6
  - f. More than \$6
  
6. When you are deciding what to eat or buy for lunch, how important is health and nutrition when you choose your foods? **Circle the ONE answer that best applies.**
  - a. Very important
  - b. Somewhat important
  - c. Not important
  
7. How would you rate the general nutritional quality (healthfulness) of **School Meals**? **Circle the ONE answer that best applies.**
  - a. Very nutritious
  - b. Somewhat nutritious
  - c. Not very nutritious
  - d. Not at all nutritious
  
8. How would you rate the general nutritional quality (healthfulness) of foods served in the **A LA CARTE** serving line? **Circle the ONE answer that best applies.**
  - a. Very nutritious
  - b. Somewhat nutritious
  - c. Not very nutritious
  - d. Not at all nutritious
  
9. Which of the following foods would you most likely buy? **Circle ALL that apply.**
  - a. Fruit smoothies
  - b. Whole fresh fruit
  - c. Fresh cut fruits
  - d. Fresh cut veggies
  - e. Fruit cups
  - f. Low fat energy bar
  - g. Low fat yogurt

## Student School Food Survey

- h. Low fat cheese sticks
- i. Nuts, seeds or dried fruit
- j. Baked chips
- k. Baked french fries or tater tots (not fried)
- l. Low-fat pizza
- m. Baked chicken products (not fried)
- n. Other? Please describe \_\_\_\_\_

10. How often would you buy these nutritious foods? **Circle the ONE answer that best applies.**
- a. 0-1 times per week
  - b. 2-3 times per week
  - c. 4-5 times per week
11. If healthy snacks were priced cheaper than less healthy items, would that influence what you might buy? **Circle the ONE answer that best applies.**
- a. Yes, definitely
  - b. Yes, probably
  - c. No, probably not
  - d. No, definitely not

*Please rate the following quality factors for the food that is served in the **School Meals and A La Carte** serving lines. **Circle the answers that best apply.***

12. Temperature of hot foods

School Meals:  
**Too hot**      1      2      3      4      5      6      7      **Not hot enough**

A La Carte:  
**Too hot**      1      2      3      4      5      6      7      **Not hot enough**

13. Temperature of chilled foods

School Meals:  
**Too cold**      1      2      3      4      5      6      7      **Not cold enough**

A La Carte:  
**Too cold**      1      2      3      4      5      6      7      **Not cold enough**

14. How does the food look in the serving line?

School Meals:  
**Appetizing**      1      2      3      4      5      6      7      **Not appetizing**

A La Carte:  
**Appetizing**      1      2      3      4      5      6      7      **Not appetizing**

## Student School Food Survey

15. How does the food look on your plate or tray?

School Meals:

**Appetizing**    1       2       3       4       5       6       7       **Not appetizing**

A La Carte:

**Appetizing**    1       2       3       4       5       6       7       **Not appetizing**

16. Taste – how does the food taste?

School Meals:

**Too spicy**    1       2       3       4       5       6       7       **Too bland**

A La Carte:

**Too spicy**    1       2       3       4       5       6       7       **Too bland**

17. How would you rate the value of a **School Meal** (portion size for the price)? **Circle the ONE answer that best applies.**

- a. Great — I always get enough food for the price
- b. OK — I usually get enough food for the price
- c. Poor — I don't get enough food for the price
- d. No opinion

18. How would you rate the value of the **A La Carte** items (portion size for the price)? **Circle the ONE answer that best applies.**

- a. Great — I always get enough food for the price
- b. OK — I usually get enough food for the price
- c. Poor — I don't get enough food for the price
- d. No opinion

19. Which of the following affect what you eat for lunch in school? **Circle ALL that apply.**

- a. Price of School Meals
- b. Price of A La Carte items
- c. How long the serving lines are that day
- d. The quality and taste of the School Meals offered that day
- e. The quality and taste of the A La Carte items offered
- f. The healthfulness of the School Meals
- g. The healthfulness of the A La Carte items
- h. What my friends are eating that day
- i. What my parents want me to eat

21. What additional recommendations do you have to improve the food prepared or sold in your school?