



EVERYBODY



CAN



SUPPORT A



#HEALTHY



FUTURE

We eat
BETTER

**We move
MORE**

**Together,
WE SUCCEED**

**Proud Member
of Healthier
Generation's
Healthy Schools
Program**

Research shows a strong link between a young person's practice of healthy habits, including a

good diet and regular physical activity, and an improvement in their overall life outcomes.

**Healthy
students
learn better**