








PEPSI-COLA COMPANY

Beverage Catalogue for K -12 Schools

The Pepsi-Cola Company is proud to be part of the Alliance for a Healthier Generation’s Healthy Schools Program and to support the School Beverage Guidelines that were developed as part of this broad initiative. By following these Guidelines, schools can provide their students a range of lower-calorie and nutritious beverage choices, tailored to the nutrition needs of students at different ages.

Pepsi-Cola offers a wide variety of products that fit the School Beverage Guidelines, as listed below. (Please note that some products may not be available in all markets.) To learn more about these beverages or how you can integrate them into your school offerings, please contact your local Pepsi-Cola bottler or food service supplier. For more information on the Healthy Schools Program, please visit www.healthiergeneration.org.

PRODUCTS MEETING ALLIANCE FOR A HEALTHIER GENERATION GUIDLELINES FOR K-12 SCHOOLS		Qualify For:		
		Elem. School	Middle School	High School
Water				
	Aquafina (any size)	✓	✓	✓
100% Juice with no added sweeteners, at least 10% DV for at least three vitamins or minerals, and ≤ 120 calories per 8 oz; maximum sizes: 8 oz in elementary schools, 10 oz in middle schools, and 12 oz in high schools				
	6 & 8 oz Tropicana Pure Premium Orange Juice (chilled) No Pulp (6 oz), No Pulp (8 oz), With Calcium & Vitamin D (8 oz), and Healthy Kids (8 oz)	✓	✓	✓
	10 oz Dole Plus Juice (shelf-stable) Apple, Orange, Mixed Berry, and Fruit Punch		✓	✓
	10 oz Tropicana Pure Premium Orange Juice (chilled) No Pulp		✓	✓
	10 oz Tropicana Juices (shelf-stable) Orange		✓	✓
	10 oz Tropicana Plus Juices (shelf-stable) Apple, Orange, and Fruit Medley		✓	✓
	11.5 oz Dole Orange Juice (shelf-stable)			✓
	11.5 oz Tropicana Orange Juice (shelf-stable)			✓
	12 oz Tropicana Pure Premium Orange Juice (chilled) No Pulp, With Calcium & Vitamin D, Homestyle, and Antioxidant Advantage			✓

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PRODUCTS MEETING ALLIANCE FOR A HEALTHIER GENERATION GUIDELINES FOR K-12 SCHOOLS		Qualify For:		
		Elem. School	Middle School	High School
No or Low-Calorie Drinks with ≤ 10 calories per 8 oz; permitted in high schools only				
	Aquafina Alive (any size) Berry Pomegranate, Peach Mango, Orange Lime			✓
	Aquafina FlavorSplash (any size) Grape, Citrus Blend, Wild Berry, and Raspberry			✓
	Aquafina Sparkling (any size) Berry Burst, Citrus Twist			✓
	Diet Carbonated Soft Drinks (any size) Diet Mountain Dew, Caffeine Free Diet Mountain Dew, Diet Mountain Dew Code Red, Diet Mug Root Beer, Diet Mug Cream Soda, Diet Pepsi, Caffeine Free Diet Pepsi, Diet Pepsi Lime, Diet Pepsi Vanilla, Diet Wild Cherry Pepsi, Diet Tropicana Twister Soda, Jazz Diet Pepsi–Black Cherry Vanilla, Jazz Diet Pepsi–Strawberries & Crème, Sierra Mist Free, and Tava			✓
	Diet Lipton Iced Teas (any size) Diet Lipton Brisk, Diet Green Tea with Citrus, Diet Green Tea with Mixed Berry, Diet Iced Tea with Lemon, Diet Iced Tea with Peach, and Diet White Tea with Raspberry			✓
	Propel Fit Water (any size) Berry, Black Cherry, Grape, Kiwi Strawberry, Lemon, Lemonade, Melon, Raspberry Lemonade, Peach			✓
	Sugar Free Tropicana Juice Drinks (any size) Sugar Free Fruit Punch, Sugar Free Lemonade, Sugar Free Orangeade			✓
Light Juices, Sports Drinks and other beverages with ≤ 66 calories per 8 oz maximum size: 12 oz; permitted in high schools only				
	Gatorade (12 oz) Berry, Fruit Punch, Grape, Lemon-Lime, Ice Punch, Orange, Strawberry			✓
	SoBe Synergy (11.5 oz) Fruit Punch, Grape, Kiwi Strawberry, Lemonade & Mango Orange			✓
	Tropicana Light Apple Juice (10 oz)			✓

Note: Under the Alliance for a Healthier Generation’s School Beverage Guidelines, at least 50% of offerings in high schools, other than milk, should be bottled water and/or no or low calorie beverages.